

NOVEMBER 2021

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Issue 2

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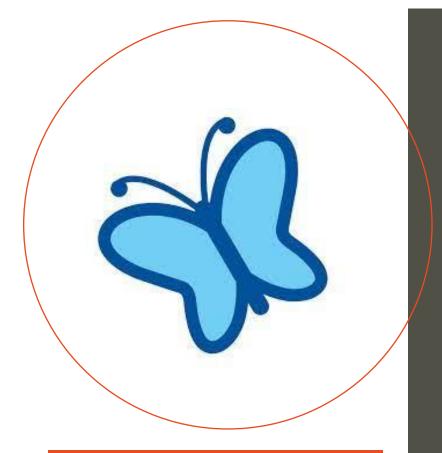
Dates to Remember and Children's Grief Awareness Day

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Provider Spotlight- Centerville Clinic Information provided by Ann Gaydos

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Updates and Contest Details



CHILDREN'S GRIEF AWARENESS DAY

Children's Grief Awareness Day began in Pennsylvania from a desire to bring awareness to help learn ways to support grieving children in 2008.

The symbol/image associated with Children's Grief Awareness Day is a blue butterfly named "Hope" (see above).

Activity Ideas:

- Wear Blue---organize a "Blue Out" where the community wears blue and/or decorates areas in blue
- Add a virtual butterfly to the Illuminating HOPE butterfly garden <u>Create Butterfly</u>
- Create a bulletin board or memory wall
- Pledge to tell three people about Children's Grief Awareness Day
- Change your profile picture to "HOPE" or add to your e-mail signature

Childrensgriefawarenessday.org. 2021. *How to Participate in Children's Grief Awareness Day*. [online] Available at: <https://www.childrensgriefawarenessday.org/cgad2/participate /index.shtml> [Accessed 4 October 2021].

DATES TO REMEMBER

November 2- QPR for Youth Training <u>Register Here</u>

November 4- QPR for Adults Training Register Here

November 4-Postvention for School Training- <u>Register</u> <u>Now!</u>

November 13-World Kindness Day

November 18-Children's Grief Awareness Day

November 18-BrainSteps: Supporting the Student with Brain Injury in the Classroom Training-<u>Register in</u> <u>Person</u> or <u>Register for Virtual</u>

November 19-Children Task Force/CASSP Advisory Board Meeting

November 21-International Survivors of Suicide Day



<u>Click Here for Survivor of Suicide Loss Day</u> <u>Resources</u>

Centerville Clinics

Total Health Care for the Entire Community

PROVIDER SPOTLIGHT:

Centerville Clinics (CCI) is a Federally Qualified Health Center (FQHC), which is a nonprofit community-based health organization. As an FQHC, CCI provides comprehensive primary care, dental and behavioral health services to people in all spectrums of their life.

Centerville Clinics traces its roots to the early 1950's with the vision of Joseph A. Yablonski. Mr. Yablonski and a small group of leaders felt that it was up to them to make a difference in health care for the people in the area. They wanted to provide a place where miners, who work in the most dangerous industry in America, could receive primary health and behavioral health care. The opening of the first office, originally known as the Unions Miners Building Inc. marked the beginning of a tradition of medical and behavioral health services that have continued for more than a half a century.

Today, CCI has opened 12 medical/behavioral health offices in the Mon Valley. CCI's goal is to provide accessible, high quality, comprehensive health care services to individuals and families, regardless of their financial resources. The Clinic participates in most Managed Care programs and accepts both Medicare and Medical Managed Care. The population served by CCI covers Fayette, Greene, Washington, and a portion of Westmoreland County.

Blended Case Management (BCM):

BCM is designed to link individuals with housing needs, socialization, medical needs, community support, income/benefits, legal concerns, educational/vocational needs and most importantly mental health supports. BCM is also able to advocate for individual and monitor the services that are being provided. Collaboration is key to ensure individual needs are being satisfied.

Intensive Behavioral Health Services (IBHS):

Intensive Behavioral Health Services provide what was formally known as "wraparound services" to children and adolescents in the home, school and community settings. These services are intended to keep a child in the least restrictive environment. Services are available to persons 2 to 21 years of age who has been diagnosed with a Behavioral

Services Provided:

Outpatient

Child/Adolescent Partial

Adult Partial

Blended Case management (BCM)

Family Based (FB)

Intensive Behavioral Health Services (IBHS)

Peer

Medical and Dental

Lab and X-ray

or Mental Health Disorder which includes Autism Spectrum Disorder. The service includes behavior therapy to help improve compliance, decrease aggressive behaviors, improve attention to tasks and improve impulsive behaviors, etc. All services are individualized to the specific child and their family.

Family Based (FB):

The program is designed to prevent hospitalization or out of the home placement for an identified child or adolescent that is experiencing significant emotional or behavioral difficulties. The service can also help with reunification of families when the placement has already occurred. CCI has 4 teams of experience therapists that will partner with families to improve communication, develop anger management, problem solving skills and provide crisis services.

Parent Child Interactive Therapy (PCIT):

Parent Child Interaction Therapy (PCIT) is available for all Washington County and Greene County patients as a child treatment option. The location of this therapy is in the Waynesburg Behavioral Health Office located at 190 Bonar Ave. In Waynesburg, PA. PCIT is a therapy option for children ages 2 and a half to 7 years old. It utilizes coaching of parents as they play with their children to improve interactions between the parent and child. The therapy is broken into two parts. The first part is Child Directed, which works on strengthening the relationship with the parent and child and focusing on positive reinforcements and interactions. Second is Parent Directed, which focuses on managing behaviors more efficiently and appropriately. Parents are coached by a therapist in another room while wearing an "ear bug." Treatment is weekly and the parents and child will work on the skills throughout the week at home. If you think this may be an option for you contact Marlene Pritchard, LCSW or Darcie Coen, LPC at (724) 627-8156.

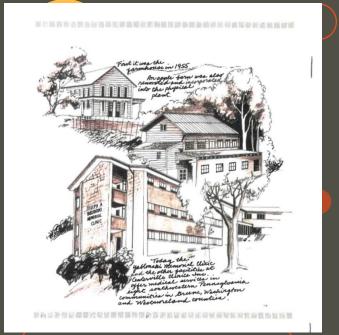
Child/Adolescent Partial:

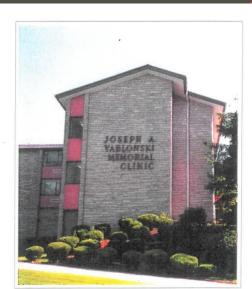
Centerville runs five in-school child/adolescent partial hospital programs in Bentworth-high school, elementary and middle school, Beth Center and Claysville. CCI has one stand-alone program in Greensburg. Children in this program receive their education, as well as behavioral health services. Staff provided both individual and group sessions. Additionally, a psychiatrist is available weekly to complete evaluation and medication management. The goal of this program is for the child to return to their regular classroom/school district. Admission to a partial is determined by a psychiatrist and the home school district.

Adult Partial:

The adult partial programs are located in Vestaburg, Washington and Waynesburg. This program is a day treatment program with patients attending 6 hours each day. The number of days per week is dependent on the severity of the illness. Individuals receive individual as well as group therapy. The psychiatrist is there weekly for evaluations and medication management.

For more information reach out to Centerville at 724-632-6801





CENTERVILLE CLINICS



HELPING HANDS HOLIDAY GIFT DRIVE

Benefiting Children & Families Served by Washington County Children & Youth Services

Lend a hand to help a child who has experienced abuse or neglect have a magical holiday!

> New, unwrapped gifts can be dropped off at:

> > Crossroads Building – 95 W. Beau St. lection boxes on the 1st floo ovember 1st – December 6th

> > > **/ashington County** grounds, Building #4 nber 3rd-5th 10am — 1p per 6th 8:30am — 6:30

There are many ways to help!

Provide a new gift, host a drive at your office, or coordinate other donations from your family, group, or organization. Call to find out more!

Gifts needed for children & teens, ages birth to 18 years old.

New rolls of wrapping paper & large gift bags also needed.

For more information on how you, your family, business, group, or organization can help or if you have questions, call: Jane Zupancic: 724-228-6958 or Kate Grant: 724-250-4154

UPDATES:

Refresher of two primary goals being worked on through the Garrett Lee Smith Youth Suicide Prevention Grant:

- 1. Improve universal prevention efforts to increase identification and supports for youth prior to crisis.
- 2. Improve cross-systems communication to support youth at risk of suicide and their families.

Updates:

- The Children's Task Force/CASSP Advisory Board sponsored two trainings in October entitled "What the Children Have Taught Us: Understanding Grief and Loss in Early Childhood and Adolescences". Patrick McKelvey from the Highmark Caring Place provided the training. We had participants from all over the United States, Canada and the UK!
- The Children's Task Force/CASSP Advisory Board is continuing to seek additional members.
- The first planning meeting for the Out of the Darkness Community Walk for the Fall 2022 was held on October 25. If you are interested in being part of the committee or learning how you can help, please reach out to <u>Rebecca.Salsbury@co.washington.pa.us</u> for more information.

CONTEST!!

Calling all artists and graphic designers near and far, we need YOU to help create our new logo for the newsletter!

We are still accepting submissions from all community members and providers in Washington County!

Submissions will be accepted until the end of the year!

Do you have something you want added to a future issue or are you interested in being a guest column writer?

Reach out to Rebecca Salsbury at <u>Rebecca.Salsbury@co.washington.pa.us</u>

Deadline is November 15 for the December issue

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